



COME CYCLING



CTC Dumfries and Galloway Member Group

Sunday Ride List: July to October 2014

We welcome all capable cyclists on our Sunday rides. These are typically 40+ miles; usually a bit further in the summer with the longer days and better (!) weather. Given the geographic extent of D&G we encourage riders to join rides part way, or link up with them, or even just join us for lunch and a natter. But please contact the ride leader to check route and logistics.

Rides' List for the next few months, up to end of October, and also showing the date for D&G AGM.

Below the ride table is a contact list of our “regular” Leaders, if you need to check details! But also check on the Website for latest updates and announcements.

Please check start times as these may vary, depending on the length of the route.

Date	Start Location	Start Time	Destination/Route	Appro x Miles	Leader or Contact
20/07/14	Dumfries	10:00	Lochmaben to Annan (Lunch stop)	45	Larry
27/07/14	Dalry	10:00	Loch Doon/Newton Stewart	80	Mary
03/08/14	Dumfries	10:00	Scaur Glen (Carry Food)	50	Tom
10/08/14	NS	10:00	TBA on day	50+	Ted
10/08/14	Lockerbie	10:00	Cream Tea Ride - Langholm/Waterbeck	50	Paul
17/08/14	Dumfries	09:00	The Durisdeer Volver (Church Tea)	75	Tom
24/08/14	Dumfries	10:00	Moniaive/Loch Urr(Carry Food)	55	Dougie
31/08/14	Glen Luce	10:00	TBA on day	50+	Ted
31/08/14	Dumfries	10:00	Kirkcudbright	65	Brian
07/09/14	Lockerbie	10:00	Samye Ling	50+	Larry

07/09/14	NS	10:00	TBA on day	50+	Ted
14/09/14	Dumfries	10:00	Moniaive Area	50	Peter
21/09/14	Dumfries	10:00	Low Tide/High Plains - Carsethorn	50	Tom
28/09/14	Dalbeattie	10:00	Sportive 50 mile route (Lunch in New Galloway)	50	Phil
05/10/14	NS	10:00	TBA on day	50+	Ted
12/10/14	CD	10:00	Gatehouse –	50	Phil
12/10/14	Glen Luce	10:00	Gatehouse –	50	Ted
18/10/14	CD	TBA	D&G AGM – 10:00 – ride to Venue Galloway Woodturners' Clubhouse, CD		Details to follow
26/10/14	NS	10:00	TBA on the day	50+	Ted
26/10/14	Dumfries	10:00	Jolly Hilly – Breconside/Thornhill(Lunch)	50+	Tom

Dumfries – on the Whitesands, at the end of Devorgilla Bridge

NS – Newton Stewart, Riverside Car Park

CD – Castle Douglas, car park at the top of King Street

Dalry – Burning Bush

Dalbeattie – Coach Park

Glen Luce – War Memorial

Lockerbie – McJarrow Park CP

Ride Leaders and Contact – Phone Numbers:-

Paul Buxton 01576 470893

Tom Hanley 01387 261969

Larry Hayes 01576 202115

Peter Hill 01387 721412

Phil Howard 01556 610998

Brian Madill 01387 256099

Ted Norfolk 01988 700432

Dougie Oberheim 01387 254089

Bob Rostock 01776 840623

Mary Wood 07565 095870

Links and Website

Our ‘western’ riders now have a **Facebook** page "**Cycling, South West Scotland**". However this is “private link” therefore cannot be found on “search”. Link from our Website www.dandgcycling.org.uk

Our Website is updated with latest info on Rides.